

# Reasons To Stay Alive

[Reasons to Stay Alive](#) [Stay Alive: The Journal of Douglas Allen Deeds, The Donner Party Expedition, 1846](#) [To Stay Alive](#) [How to Stay Alive in the Woods](#) [How to Stay Alive in the Woods](#) [How to Stay Alive](#) [Stay Alive, My Son](#) [Stay Alive #1: Crash](#) [Stay Alive 15 Ways to Stay Alive](#) [And This Is How to Stay Alive](#) [Stay Alive in Minecraft! \(GamesMaster Presents\)](#) [Stay Alive You're Doing Great!](#) [Want to Stay Alive?](#) [Stay Alive All Your Life](#) [Stay Alive How to Stay Alive as Long as You Live](#) [Stay Alive Staying Alive in Toxic Times](#) [The Last Family in England](#) [Stayin' Alive](#) [Stay Alive Ghost in the Headlights](#) [To Stay Alive](#) [Into the Bloodred Woods](#) [Stay Alive, My Son](#) [Stay Alive #3: Breakdown](#) [How to Stop Time](#) [Stay Alive All Your Life](#) [Staying Alive](#) [The Stay Alive Guide](#) [Once Two Sisters](#) [Stay Alive #4: Flood](#) [The Radleys K?ra?a ke hu? j?vav? m?gu? chu?](#) [Stay Alert, Stay Alive!](#) [A Speck in the Sea](#) [Living off the Country](#) [Staying Alive in Avalanche Terrain](#)

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**K?ra?a ke hu? j?vav? m?gu? chu?** Oct 29 2019 Author's memoirs based on experiences of living with depression and anxiety disorder, which he suffered from the age of 24.

**A Speck in the Sea** Aug 27 2019 Soon to be a major motion picture! Now in Paperback: The harrowing adventure-at-sea memoir ("Terrific."-Daniel James Brown) recounting the 2013 search-and-rescue mission for lost Montauk fisherman John Aldridge. 5:14 a.m. I am floating in the middle of the night, and nobody in the world even knows I am missing. Nobody is looking for me. You can't get more alone than that. You can't be more lost. I've got too many people who love me. There's no way I'm dying like this. In the dead of night on July 24, 2013, John Aldridge was thrown off the back of the Anna Mary while his fishing partner, Anthony Sosinski, slept below. As desperate hours ticked by, Sosinski, the families, the local fishing community, and the U.S. Coast Guard in three states mobilized in an unprecedented search effort that culminated in a rare and exhilarating success. A tale of survival, perseverance, and community, A Speck in the Sea tells of one man's struggle to survive as friends and strangers work to bring him home. Aldridge's wrenching first-person account intertwines with the narrative of the massive, constantly evolving rescue operation designed to save him.

**How to Stay Alive in the Woods** Jun 29 2022 The classic manual for "survivors" everywhere has now been updated, expanded, reillustrated and published for the first time in jungle-proof rubber. 150 illustrations. 24-page color insert.

*Stay Alive* Feb 23 2022 Hello, readers. Manny Fulsom here. I wrote a book about what happened to me and events in my life leading up to it. What happened to me? It's actually the first three words in my book. Writing this book was not therapeutic for me at all actually, it was actually very stressful. I literally put blood, sweat, and tears into writing this book. I hope you all get the message of my story. That's the vision behind Stay Alive is to help all people, to Stay Alive, even when life is hard. I wrote the entire book on my iPhone 7. I destroyed my laptop with my friends with baseball bat and a shovel back in the fall of 2016 because I was struggling with porn. That was stupid now that I think about. I could've just sold it. I wrote a very vulnerable story. People say I have "such profound wisdom," but there is being humble. I aim for that. Also, in my first chapter I say, "The world deserves to know." That's not to be narcissistic, it's an amazing testimony I have, but I think everyone has an amazing testimony. Also, the aim is not for people to feel bad for me. The aim is to help the reader if they need it. I'm so glad the cognitive stuff and memory came back quickly. I want people to not have to go through what I went through because it's a tough situation.

**Stay Alive All Your Life** May 05 2020 "Those who received help from The Power of Positive Thinking will find in these pages further guidance toward a more dynamic and creative life." -- Norman Vincent Peale What's the secret to feeling alive all your life? A positive attitude. In this upbeat and practical guide to joyous living, Dr. Peale shows in example after example how the magic of attitude can perform miracles in your daily existence. He proves that only with deep and honest belief -- in yourself, your work, and in God -- can these miracles occur. He also makes clear that the achievement of lasting fulfillment is an active process and shows you how to: • put positive thinking into action • use the magnificent power of belief • learn from your mistakes • make enthusiasm work wonders • attain self-confidence • move beyond pain and suffering • lift depression and live vitally

**Stay Alert, Stay Alive!** Sep 28 2019 For the first time, Criminal's Secrets Revealed! After interviewing over 1100 criminals, the author reveals their "trade" secrets. - How they "profile" their victims. - When are they most likely to strike - Who make a good victim...and much, much more.

**How to Stay Alive as Long as You Live** May 17 2021 In conversational language, Robert H. Spain presents specific advice for Christians who want to live as God would have them live, and offers suggestions on how to find meaning in life, handle life's detours, manage loneliness, and achieve genuine happiness.

**The Stay Alive Guide** Mar 03 2020 First aid & survival for those who want to stay alive!

*Into the Bloodred Woods* Sep 08 2020 Happily ever after is a lie. Once upon a time there was a kingdom, and a forest that liked to eat men, and a girl who would change everything, but not alone ... Except -- There's no such thing as once upon a time. In a faraway land, populated by were beasts and surrounded by a powerful forest, lies a kingdom about to be sent into chaos. On his deathbed, King Tyran divides his land, leaving half to each of his two children -- so they'll rule together. However, his son, Albrecht, is not satisfied with half a kingdom. And even though his sister, Ursula, is the first born, he decides that, as a girl and were bear, she is unfit to rule. So he invades her land, slaughtering her people and most of the were beasts, and claims it for himself. As King Albrecht builds his iron rule and an army to defend his reign, Ursula is gathering the survivors and making plans to seize back the kingdom. Not just her half -- the whole thing. Because Albrecht should have never been allowed to sit on the throne, and Ursula is going to take his crown. And if he's not careful, he might not get to keep his head either.

**15 Ways to Stay Alive** Jan 25 2022 Broken hearts, scattered dreams, postpunk politics, and postmodern cut-up collages spiral and flow in award-winning poet Daphne Gottlieb's latest collection of startling new works that explore survival after personal or communal disasters and the renewal that follows. Whether she's writing about unanticipated outcomes ("After the Midway Ride Collapsed"), her mother's passing ("Somewhere, Over"), or absurd situations ("Preoccupation"), Gottlieb's deeply personal insights into the complex areas where life and contemporary culture collide offer readers a unique, thought-provoking perspective. "I Have Always Confused Desire with Apocalypse" We met over a small earthquake. Now, my knees shake whenever you come around and I've noticed your hand has a slight tremor. Daphne Gottlieb is the award-winning author of seven books including the critically acclaimed poetry collection *Final Girl* (Soft Skull Press) and the graphic novel *Jokes and the Unconscious* (Cleis Press), illustrated by Diane DiMassa. Gottlieb has performed and taught creative writing workshops throughout the United States. She received her MFA from Mills College, and currently resides in San Francisco.

**Ghost in the Headlights** Nov 10 2020 In this modern-day retelling of "The Legend of Sleepy Hollow," an angry ghost haunts a small-town road in search of revenge... When Brianna Jenson agreed to move in with her cruel uncle Shane in rural Pennsylvania, she didn't expect to find herself in the middle of a terrifying town legend. Every afternoon on her walk home from school, as the sun begins to set behind the overhanging branches of Shadowrun Road, Brianna hears footsteps following her -- footsteps that belong to no one. Then there's the car that races along the narrow country road with blinding lights and almost runs her over! That's when Brianna realizes... there's no one driving. It's almost as if someone -- or something -- is trying to get her attention. As Brianna investigates what happened on Shadowrun Road, she discovers a town tragedy that has never been resolved. Can Brianna get to the bottom of this ghostly mystery before it's too late?

**Stay Alive, My Son** Apr 27 2022 On April 17, 1975, the Khmer Rouge entered Phnom Penh to open a new and appalling chapter in the story of the twentieth century. On that day, Pin Yathay was a qualified engineer in the Ministry of Public Works. Successful and highly educated, he had been critical of the corrupt Lon Nol regime and hoped that the Khmer Rouge would be the patriotic saviors of Cambodia. In *Stay Alive, My Son*, Pin Yathay provides an unforgettable testament of the horror that ensued and a gripping account of personal courage, sacrifice and survival. Documenting the 27 months from the arrival of the Khmer Rouge in Phnom Penh to his escape into Thailand, Pin Yathay is a powerful and haunting memoir of Cambodia's killing fields. With seventeen members of his family, Pin Yathay were evacuated by the Khmer Rouge from Phnom Penh, taking with them whatever they might need for the three days before they would be allowed to return to their home. Instead, they were moved on from camp to camp, their possessions confiscated or abandoned. As days became weeks and weeks became months, they became the "New People," displaced urban dwellers compelled to live and work as peasants, their days were filled with forced manual labor and their survival dependent on ever more meager communal rations. The body count mounted, first as malnutrition bred rampant disease and then as the Khmer Rouge singled out the dissidents for sudden death in the darkness. Eventually, Pin Yathay's family was reduced to just himself, his wife, and their one remaining son, Nawath. Wracked with pain and disease, robbed of all they had owned, living on the very edge of dying, they faced a future of escalating horror. With Nawath too ill to travel, Pin Yathay and his wife, Any, had to make the heart-breaking decision whether to leave him to the care of a Cambodian hospital in order to make a desperate break for freedom. "Stay alive, my son," he tells Nawath before embarking on a nightmarish escape to the Thai border. First published in 1987, the Cornell edition of *Stay Alive, My Son* includes an updated preface and epilogue by Pin Yathay and a new foreword by David Chandler, a world-renowned historian of Cambodia, who attests to the continuing value and urgency of Pin Yathay's message.

[Stay Alive in Minecraft! \(GamesMaster Presents\)](#) Nov 22 2021 Defeat the Creepers! Discover the best ways to protect yourself and stay safe in Minecraft. Will you survive the night? The world of Minecraft is a place of wonder, discovery, and most of all: fun! But it can also be dangerous, even for the most battle-hardened players. *Stay Alive in Minecraft!* will keep you one step ahead of all the nasty mobs and creatures who might try to bring your adventure to a premature end. Filled with breakdowns of the best gear, combat tips, and advice from veteran players and streamers, this is the one book you'll need to survive in the crazy world of Minecraft. Includes full-color images and step-by-step instructions. 100% unofficial. Created by Future Magazine and GamesMaster, leaders in video game publishing.

[You're Doing Great!](#) Sep 20 2021 Comedian and Live from Here head writer Tom Papa, author of *Your Dad Stole My Rake*, tackles the modern condition in a heartwarming group of short essays. Tom Papa is a little worried about you. You seem stressed, overworked and, frankly, a little mixed up. Everyone is fighting an overwhelming feeling that things are getting worse, that we should be doing more, that we're not good enough. Well, life isn't perfect. There have always been problems and there always will be. You can fight for the things you believe in, you can work really, really hard, but you shouldn't lose track of the fact that while you're doing all that, life is flying by at lightning-fast speed. If you actually take a breath and look around you'll realize you're actually doing great. Here's the thing: We live in an amazing time filled with airplanes, scooters, and peanut butter cups. We have air conditioning, blenders, and martini shakers. It's time to refocus, enjoy it all, and stop waiting for something better! Relax with comedian and Live from Here writer and performer Tom Papa as he explores his favorite subjects in 75 essays, including: You Don't Have to Live Your Best Life Don't Open the Mail I'm So Baked I Love Your Love Handles Don't Go Tubing Shut Up and Eat Recalibrate, turn off your device, and open your eyes to a better reality: You're doing great!

**Stay Alive** Jun 17 2021 Hollywood starlet Jane Morgan revives her fading career by provoking a group of serial killers and then starring in *Stay Alive*, a reality TV show about surviving the killers' attempts to murder her.

*Stay Alive All Your Life* Jul 19 2021 "Those who received help from The Power of Positive Thinking will find in these pages further guidance toward a more dynamic and creative life." -- Norman Vincent Peale What's the secret to feeling alive all your life? A positive attitude. In this upbeat and practical guide to joyous living, Dr. Peale shows in example after example how the magic of attitude can perform miracles in your daily existence. He proves that only with deep and honest belief -- in yourself, your work, and in God -- can these miracles occur. He also makes clear that the achievement of lasting fulfillment is an active process and shows you how to: • put positive thinking into action • use the magnificent power of belief • learn from your mistakes • make enthusiasm work wonders • attain self-confidence • move beyond pain and suffering • lift depression and live vitally

**Want to Stay Alive?** Aug 20 2021 Poke Tohola, a Seminole Indian, is on to a smart racket. His formula is that fear is the key that unlocks the wallets and handbags of the rich. But Chuck, a cop-killer at 18, and Meg, beddable but dumb, don't work to formula. The three of them turn Paradise City into Panic City. Then Detective Tom Lepski lumbers in ... 'An old master on top form' Sunday Telegraph

*To Stay Alive* Sep 01 2022 In this novel-in-verse, a young survivor of the tragic Donner Party of 1846 describes how her family and others became victims of freezing temperatures and starvation.

*Staying Alive* Apr 03 2020 Inspired by women's struggles for the protection of nature as a condition for human survival, award-winning environmentalist Vandana Shiva shows how ecological destruction and the marginalization of women are not inevitable, economically or scientifically. She argues that "maldevelopment"—the violation of the integrity of organic, interconnected, and interdependent systems that sets in motion a process of exploitation, inequality, and injustice—is dragging the world down a path of self-destruction, threatening survival itself. Shiva articulates how rural Indian women experience and perceive ecological destruction and its causes, and how they have conceived and initiated processes to arrest the destruction of nature and begin its regeneration. Focusing on science and development as patriarchal projects, *Staying Alive* is a powerfully relevant book that positions women not solely as survivors of the crisis, but as the source of crucial insights and visions to guide our struggle.

[Stay Alive](#) Apr 15 2021 This is the best time to Stay Alive. There have never been more opportunities for you to achieve your goals and also stay alive than there are today, Regardless of tough times and all the issues that surround you in your life, you are entering into a new season of greatness and fulfilled life superior to any previous season in human history. One of the most mind-blowing aspects of being alive is realizing what it means to be alive. Imagine, waking up in the middle of night only to realize that if you would had gone in to work that day, it would have been your last day on earth. That is exactly what happened to me. What a remarkable story!

*Living off the Country* Jul 27 2019 Living off the Country changes the risk of moving around in the outdoors into trouble-free times...offering take-along tips for finding free appetite fillers, thirst quenchers, weapons and warmth in all kinds of situations. In a clear and understandable way, Brad Angier provides a harvest of handy, helpful hints about the necessities of life...where to look for the natural-growing supply of edible, unusual, taste-tickling plants, bushes, and fruit; make-shift but sure-fire ways to catch fish; easy ways to utensil-less cooking; building and using first to the best advantages; constructing off-beat shelters handily; best ways to conserve and use available clothing; what to do about finding your way; backwoods medicine for emergencies...and much more to satisfy man's need to stay alive in the woods. For any kind of timber trek, pack Living Off the Country with other survival gear. Nature Magazine advises "if you're planning any wilderness adventure, you would do well to get acquainted with the valuable information in this book."

**The Radleys** Nov 30 2019 Struggling with overwork and parenting angst, English village doctor Peter Radley endeavors to hide his family's vampire nature until their daughter's oddly satisfying act of violence reveals the truth, an event that is complicated by the arrival of a practicing vampire family member.

**Stay Alive** Oct 22 2021 When The Hunger Games series began in 2008, many commentators lumped it in with other young adult genre fiction. But The Hunger Games was always more political. It's since become the defining story for a generation that's grown up with economic crisis and never ending war. An uber-rich ruling class gorge themselves in their gleaming high-tech Capitol, while working people are left behind to survive in exploited districts. Revolution is a forgotten hope kept at bay by brutal policing, aching poverty, and rigid class segregation. Suzanne Collins' dark vision has only become more relevant as The Hunger Games generation are thrown into an arena of increasingly brutal competition from which it seems like there is no escape, amid the climate crisis, global pandemics, rampant inequality, authoritarianism, media misinformation, and violence and cruelty as TV spectacle. It's no wonder the story continues to resonate. *Stay Alive* uses the story to shed light on our own age of extreme inequalities and climate collapse, in which elites use state power, compliant media, and violent spectacle to pacify their populations. The elite endgame is leading us towards our own version of Panem, an authoritarian state order we'll call Capitolism. The world is catching fire. Elites have no intention of burning with us. And yet there is hope, which Michael Harris finds for his readers in revolution and radical solidarity, in the anti-authoritarian, empathetic, cooperative politics of a generation that has no choice but to rebel.

**Stay Alive #3: Breakdown** Jul 07 2020 Stranded in the middle of nowhere, you have to fight to survive! When the bus carrying a group of kids home from summer camp breaks down on an abandoned road during a heatwave, things go from bad to worse very quickly. There's nobody around to help. Sixty miles back the way they came in camp. Sixty miles the opposite direction is the highway. Neither direction is the source of much hope. With no way to call for help, this group must ride it out and survive the elements. Will they make it through?

**Stay Alive #4: Flood** Jan 01 2020 Stranded in the middle of nowhere, you have to fight to survive! When a heavy storm causes their town to flood, a group of kids must fight to survive against the harsh elements. But the storm is just the beginning of their worries. After all the power goes out, they're going to have to scrounge to find water, food, and a dry place to stay. Who will stay alive?

**How to Stop Time** Jun 05 2020 From the New York Times bestselling author of *The Midnight Library*. "A quirky romcom dusted with philosophical observations....A delightfully witty...poignant novel." —The Washington Post "She smiled a soft, troubled smile and I felt the whole world slipping away, and I wanted to slip with it, to go wherever she was going... I had existed whole years without her, but that was all it had been. An existence. A book with no words." Tom Hazard has just moved back to London, his old home, to settle down and become a high school history teacher. And on his first day at school, he meets a captivating French teacher at his school who seems fascinated by him. But Tom has a dangerous secret. He may look like an ordinary 41-year-old, but owing to a rare condition, he's been alive for centuries. Tom has lived history—performing with Shakespeare, exploring the high seas with Captain Cook, and sharing cocktails with Fitzgerald. Now, he just wants an ordinary life. Unfortunately for Tom, the Albatross Society, the secretive group which protects people like Tom, has one rule: Never fall in love. As painful memories of his past and the erratic behavior of the Society's watchful leader threaten to derail his new life and romance, the one thing he can't have just happens to be the one thing that might save him. Tom will have to decide once and for all whether to remain stuck in the past, or finally begin living in the present. *How to Stop Time* tells a love story across the ages—and for the ages—about a man lost in time, the woman who could save him, and the lifetimes it can take to learn how to live. It is a bighearted, wildly original novel about losing and finding yourself, the inevitability of change, and how with enough time to learn, we just might find happiness. Soon to be a major motion picture starring Benedict Cumberbatch.

**Staying Alive in Avalanche Terrain** Jun 25 2019 Winter recreation in the mountains has increased steadily over the past few years, and so has the number of deaths and injuries caused by avalanches. *Staying Alive in Avalanche Terrain* covers everything you need to know to avoid trouble in avalanche terrain: what avalanches are and how they work, common myths, human activities that lead to avalanche trouble, what happens to victims when an avalanche occurs, and rescue techniques. Provides step- by-step instruction for determining avalanche hazards, using safe travel technique, and making effective rescues.

**Staying Alive in Toxic Times** Mar 15 2021 The must-have health bible that explains exactly how to stay in radiant, optimal health all year round. Are you confused about what supplements you should be taking? Do you want to know how you can reverse the effects of pollution on your body? Would you like to eat seasonally? Drawing on Dr Jenny Goodman's 20+ years' experience as a medical doctor, lecturer and qualified nutritionist, *Staying Alive in Toxic Times* sets out exactly what to eat in order to live our healthiest lives, and how to adapt our lifestyle according to the season we are in. Dr Jenny Goodman lays out how to safely and effectively supplement your diet with vitamins and minerals, explains what really works in terms of detoxing your body, and sorts through the confusing myriad of diets and healthy eating fads, using her expertise to myth-bust. *Staying Alive in Toxic Times* also reveals how to avoid seasonal health hazards, such as indoor pollution, hay fever and SAD. With so many people feeling tired, ill and run-down, this timely guide is what everyone needs to read in order to live vibrant, happy and long lives.

**To Stay Alive** Oct 10 2020 A collection of poetry exploring political themes expresses the author's philosophy of social protest

**Stay Alive: The Journal of Douglas Allen Deeds, The Donner Party Expedition, 1846** Oct 02 2022 "Soon we will eat the frozen cattle.... And then, when that is gone, what shall we eat? Shall we eat the snow? Shall we eat the ice? Shall we eat the bark on the frozen trees? What shall we eat?" Spring, 1846: Douglas Allen Deeds dreams of starting a new life out West. When the opportunity to join the Donner Party Expedition arises, he leaves the life he's known behind to set out on the nearly 2,000-mile trek from Independence, Missouri to sunny California. But progress is slow. Brutal heat, poisoned water, and rough terrain slows the expedition down. Soon they have a choice: continue on the known but grueling trail, or take a shortcut that would cut 350 miles from their journey—but take them through unknown territory. Is it worth the risk? Winter comes quickly in the mountains, and the wrong choice could leave them stranded in the Sierra Mountains when the snow comes, with no shelter, supplies, or even food. Newbery Honor-winning author Rodman Philbrick brings to life the excitement, danger, and horrors of the Donner Party's journey west.

**Stay Alive #1: Crash** Mar 27 2022 Stranded in the middle of nowhere, you have to fight to survive! When the members of Junior Action News Team crash land in the Alaskan backwoods, one thing is clear: not everyone is going to survive. No cell phones. No internet. Their supplies are limited, as is their knowledge of the wilderness. Part of the group wants to wait it out. Other wants to search for help. But above all they must stay alive!

**How to Stay Alive in the Woods** Jul 31 2022 Practical advice for campers and hikers who must find food, water, warmth and shelter when lost or stranded

**And This Is How to Stay Alive** Dec 24 2021 In *And This Is How to Stay Alive* by Shingai Njeri Kagunda, Nyokabi's world unravels after her brother Baraka's death by suicide. When an eccentric auntie gives Nyokabi a potion that sends her back in time to when Baraka was still alive, it becomes her only goal to keep him that way. Nyokabi learns that storytellers may be the carriers of time, but defying the past comes with its own repercussions. Praise: A beautiful and rending look at family, loss, and grief, all while sharply dissecting time travel tropes and delivering a powerful message about memory, storytelling, and responsibility. It's a story that hurts in the best of ways, confronting death and healing without losing its sense of humor or its impulse for rebellion. --Charles Payseur, author of *The Burning Day* and *Other Stories* & *This is How to Stay Alive* is a powerful manual for recovering from grief, exploring intergenerational trauma, and traveling through time. Kagunda's prose is intense and relatable; you'll feel like you're jumping through time with these characters. The perfect read for anyone and everyone. --Eboni Dunbar, author of *Stone and Steel* Highly inventive and brilliantly crafted. Kagunda pushes the envelope in this exceptional novella, playing with time and form as she explores grief and the drama of the human condition. --Tendai Huchu, author of *The Hairdresser of Harare* Rich with the beauty and harshness of life. --Nana Kwame Adjei-Brenyah, author of *Friday Black*

**The Last Family in England** Feb 11 2021 FROM THE NUMBER ONE SUNDAY TIMES BESTSELLING AUTHOR Meet the Hunter family: Adam, Kate, and their children Hal and Charlotte. And Prince, their Labrador. Prince is an earnest young dog, striving hard to live up to the tenets of the Labrador Pact (Remain Loyal to Your Human Masters, Serve and Protect Your Family at Any Cost). Other dogs, led by the Springer Spaniels, have revolted. As things in the Hunter family begin to go badly awry – marital breakdown, rowdy teenage parties, attempted suicide – Prince's responsibilities threaten to overwhelm him and he is forced to break the Labrador Pact and take desperate action to save his Family.

**Reasons to Stay Alive** Nov 03 2022 Order THE COMFORT BOOK. Available now! THE NUMBER ONE SUNDAY TIMES BESTSELLER WHAT DOES IT MEAN TO FEEL TRULY ALIVE? Aged 24, Matt Haig's world caved in. He could see no way to go on living. This is the true story of how he came through crisis, triumphed over an illness that almost destroyed him and learned to live again. A moving, funny and joyous exploration of how to live better, love better and feel more alive, *Reasons to Stay Alive* is more than a memoir. It is a book about making the most of your time on earth. 'I wrote this book because the oldest clichés remain the truest. Time heals. The bottom of the valley never provides the clearest view. The tunnel does have light at the end of it, even if we haven't been able to see it. . . . Words, just sometimes, really can set you free.'

**Stay Alive, My Son** Aug 08 2020 On April 17, 1975, the Khmer Rouge entered Phnom Penh to open a new and appalling chapter in the story of the twentieth century. On that day, Pin Yathay was a qualified engineer in the Ministry of Public Works. Successful and highly educated, he had been critical of the corrupt Lon Nol regime and hoped that the Khmer Rouge would be the patriotic saviors of Cambodia. In *Stay Alive, My Son*, Pin Yathay provides an unforgettable testament of the horror that ensued and a gripping account of personal courage, sacrifice and survival. Documenting the 27 months from the arrival of the Khmer Rouge in Phnom Penh to his escape into Thailand, Pin Yathay's story is a powerful and haunting memoir of Cambodia's killing fields. With seventeen members of his family, Pin Yathay were evacuated by the Khmer Rouge from Phnom Penh, taking with them whatever they might need for the three days before they would be allowed to return to their home. Instead, they were moved on from camp to camp, their possessions confiscated or abandoned. As days became weeks and weeks became months, they became the "New People," displaced urban dwellers compelled to live and work as peasants, their days were filled with forced manual labor and their survival dependent on ever more meager communal rations. The body count mounted, first as malnutrition bred rampant disease and then as the Khmer Rouge singled out the dissidents for sudden death in the darkness. Eventually, Pin Yathay's family was reduced to just himself, his wife, and their one remaining son, Nawath. Wracked with pain and disease, robbed of all they had owned, living on the very edge of dying, they faced a future of escalating horror. With Nawath too ill to travel, Pin Yathay and his wife, Any, had to make the heart-breaking decision whether to leave him to the care of a Cambodian hospital in order to make a desperate break for freedom. "Stay alive, my son," he tells Nawath before embarking on a nightmarish escape to the Thai border. First published in 1987, the Cornell edition of *Stay Alive, My Son* includes an updated preface and epilogue by Pin Yathay and a new foreword by David Chandler, a world-renowned historian of Cambodia, who attests to the continuing value and urgency of Pin Yathay's message.

**Stay Alive** Dec 12 2020 It's a sunny afternoon, and you're deep in the country on a river trip with your family. You're nearing journey's end when a shot rings out - and your whole life changes in an instant. A woman is coming towards you, chased by three gunmen. It's clear she's in terrible danger. And now you are too. Because although you don't know it, she harbours a deadly secret. Night falls. You're running, terrified, desperate to find safety. All you know is that the men hunting you have killed before. And if they catch you, you'll be next.

**Once Two Sisters** Jan 31 2020 Perfect for fans of *Alafair* Burke and Megan Collins, Sarah Warburton's debut novel that explores the dangerous bond between sisters. When her sister goes missing, Zoe assumes it's just another one of her estranged sibling's stunts—but the danger is all too real. Zoe Hallett and her sister, Ava, are the precocious offspring of two pioneering scientists, but the sisters have been estranged for years. When Zoe reads a news story about Ava's mysterious disappearance, she assumes it's just another of her sister's twisted fictions, designed to blame Zoe and destroy the peaceful life she's created with her husband and beautiful stepdaughter in Houston. But Zoe's email is hacked to send threatening messages to Ava—and a more sinister picture begins to emerge. Zoe returns to her home state of Virginia to prove her innocence to the authorities, to her parents, and to Glenn, her ex-boyfriend and current brother-in-law. For the first time, Zoe begins to believe Ava is in grave danger, and when Glenn catches her searching for clues in Ava's home, she looks guiltier than ever—but maybe Glenn is not all he seems. The clues Zoe finds point to a bizarre link between Ava's disappearance and her mother's "research". Is there a secret someone is trying to protect? And would someone be willing to kill to protect it? As her sister's life hangs in the balance, Zoe draws on hidden reserves of strength and hope to save the sister she never thought she loved.

**Stayin' Alive** Jan 13 2021 An epic account of how working-class America hit the rocks in the political and economic upheavals of the '70s, *Stayin' Alive* is a wide-ranging cultural and political history that presents the decade in a whole new light. Jefferson Cowie's edgy and incisive book - part political intrigue, part labor history, with large doses of American music, film, and TV lore - makes new sense of the '70s as a crucial and poorly understood transition from the optimism of New Deal America to the widening economic inequalities and dampened expectations of the present. *Stayin' Alive* takes us from the factory floors of Cleveland, Pittsburgh, and Detroit to the Washington of Nixon, Ford, and Carter. Cowie connects politics to culture, showing how the big screen and the jukebox can help us understand how America turned away from the radicalism of the '60s and toward the patriotic promise of Ronald Reagan. He also makes unexpected connections between the secrets of the Nixon White House and the failings of the George McGovern campaign, between radicalism and the blue-collar backlash, and between the earthy twang of Merle Haggard's country music and the falsetto highs of Saturday Night Fever. Cowie captures nothing less than the defining characteristics of a new era. *Stayin' Alive* is a book that will forever define a misunderstood decade.

**How to Stay Alive** May 29 2022 The ultimate survival guide from Bear Grylls, former Special Forces soldier and #1 world-renowned "King of Survival" (Outside) For more than a decade, Bear Grylls has introduced TV viewers to the most dramatic wilderness survival situations, through his hit shows such as *Man Vs. Wild*. Now, with *How to Stay Alive*, Bear reveals to readers his full toolkit of survival tactics, from everyday basics like avoiding blisters to once-in-a-lifetime events like surviving a kidnapping. Opening with the most essential survival skills—assembling your survival kit, making a fire, building a shelter—and then moving on to more specific situations, such as escaping fire, dealing with harsh terrain, and handling medical emergencies, Grylls is a sure guide for any type of disaster situation. Readers will learn how to survive in a life raft, land a helicopter in an emergency, treat hypothermia and frostbite, escape from quicksand, and numerous other lifesaving tips. Richly illustrated with diagrams throughout, *How to Stay Alive* will be the definitive outdoor survival tome for years to come.