

Glow Kids How Screen Addiction Is Hijacking Our Kids And How To Break The Trance

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how addiction hijacks our reward system dana foundation Aug 24 2022 apr 01 2005 so addiction is far more than seeking pleasure by choice nor is it just the unwillingness to avoid withdrawal symptoms it is a hijacking of the brain circuitry that controls behavior so that the addict s behavior is fully directed to drug seeking and use

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activities become less important ultimately addiction is about the complex struggle between acting on impulse and resisting that impulse when this struggle is causing

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